

# The New York Times

## A Guide to U.S. Museums to See This Year

*By Morgan Malget*  
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RIDGEFIELD, CONN.

[“Martin Beck: ... for hours, days, or weeks at a time”](#)

This is the Austrian artist Martin Beck’s largest solo museum exhibition in the United States. The work presented here, in forms including drawing, video, sound and installation, was informed by Beck’s research into “Environments,” a series of vinyl records released in the 1970s that featured natural and meditative sounds, like waves and thunderstorms. Through his artwork, Beck examines how environments are captured and represented, along with themes of self-care and self-optimization. *Through Oct. 5; the Aldrich Contemporary Art Museum, [thealdrich.org](http://thealdrich.org)*